

The Great Circle of Service *By Jan Adams, MD*

Sometimes we are in service, sometimes we are in need, and the great circle moves smoothly in this way. Service is the natural result of gratitude and love, bursting out freely if unrestrained by fear. It marks us as evolved and evolving beings.

Service underlies the mechanics of the world, and places one within the natural flow of things, rather than outside looking in. It is this placement within the flow that rings such joy to those who serve. And moving into this flow causes healing among the sick at heart and in the physically ill. For this reason, I often required my ill patients to get into some form of service. Service is remarkably healing for all involved.

Another neat reality is that if one is unable to feel gratitude or love, deliberately engaging in service engenders these attitudes and experiences. And so the circle goes. So for those who would learn and practice and embody metaphysical principles, Service is the great teacher and the great provider.

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The question is not "What can I do, since I'm nobody?" "The question is, 'How can I open my eyes to see what is in front of me to do?'"

People and the planet are in need everywhere. Answer the call that presents itself to you. For without Service, the New Age movement is no different than going to the country club or having one's nails done. When the essential ingredient of Service is added, all metaphysical avenues are illuminated, and the path is clearer.

Travel well, then in the immensely rewarding great Circle of Service. The opportunity and privilege of being in service is everywhere, at all times. Need is a constant. And that giving of our time, talents and money is the perfect balance against the risk of self-absorption that can develop on the inner journey. Therefore, may we all do that service that is in front of us, thereby speeding that very transition and transformation of the planet we would facilitate by our inner journeys.